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| FACULTY: | Faculty of Humanities |
| FIELD OF STUDY: | Pedagogical Studies |
| ERASMUS COORDINATOR OF THE FACULTY: | Łukasz Neubauer, PhD |
| E-MAIL ADDRESS OF THE COORDINATOR: | [lukasz.neubauer@tu.koszalin.pl](mailto:lukasz.neubauer@tu.koszalin.pl) |
| COURSE TITLE: | Vocal emission |
| LECTURER’S NAME: | Dominika Mielniczuk-Bączek, MA |
| E-MAIL ADDRESS OF THE LECTURER: | [dominika.mielniczuk-baczek@tu.koszalin.pl](mailto:dominika.mielniczuk-baczek@tu.koszalin.pl) |
| ECTS POINTS FOR THE COURSE: | 3 |
| COURSE CODE (USOS): | 0921>1700-EG |
| ACADEMIC YEAR: | 2022/2023 |
| SEMESTER:  (W – winter, S – summer) | W |
| HOURS IN SEMESTER: | 30 |
| LEVEL OF THE COURSE:  (1st cycle, 2nd cycle, 3rd cycle) | 1st cycle |
| TEACHING METHOD:  (lecture, laboratory, group tutorials, seminar, other-what type?) | practical exercises, individual and group work |
| LANGUAGE OF INSTRUCTION: | **English\*** |
| ASSESSMENT METHOD:  (written exam, oral exam, class test, written reports, project work, presentation, continuous assessment, other – what type?) | Preparation for classes, active participation in classes, continuous assessment, evaluation of practical exercises (breathing, phonation, articulation, diction) |
| COURSE CONTENT: | * Introduction to voice emission; Sound as an acoustic phenomenon, characteristics of sound; * The structure and functioning of the vocal organ:   - structure and functioning of the respiratory system (mechanics of breathing, types of breathing, preparation of the body for voice work, diaphragm work, respiratory support, rational the construction and functioning of the phonatory apparatus;)  - construction and functioning of the phonation apparatus;  - construction and functioning of the resonance-articulation apparatus;   * Methods of work on the voice - exercises improving the respiratory system, relaxation exercises and techniques (Schultz's Autogenic Training, Jacobson's Progressive Muscle Relaxation); breathing exercises with the use of texts; * Methods of voice work - exercises improving phonation apparatus; * Methods of work on the voice - exercises improving the resonance-articulation apparatus; * Technique of correct voice emission on texts - exercises in expressive pronunciation of vowels, exercises in expressive pronunciation of consonants, exercises in perfecting diction; * Principles of correct Polish pronunciation (selection); * Analysis of recordings and statements of actors and lectors; Training in correct technique of voice emission and interpretation; * Principles of voice prophylaxis and hygiene, optimal conditions for voice work; Psychosocial load in the teacher's work - prevention, avoidance, minimization; Voice pathology - diseases of the voice and affecting the voice, medical control of the vocal organ; |
| ADDITIONAL INFORMATION: | Core literature:   * Tarasiewicz B., Mówię i śpiewam świadomie. Podręcznik do nauki emisji głosu, Kraków 2019, * Toczyska B., Głośno i wyraźnie: 9 lekcji dobrego głosu, Kraków 2011 * Toczyska B., Elementarne ćwiczenia dykcji, Gdańsk 2016 * Toczyska B., Toczyska B., Jak ćwiczyć, by wyćwiczyć, Gdańsk 2019 * Zalesska-Kręcicka M., Kręcicki T., Wierzbicka E., Głos I jego zaburzenia. Zagadnienia higieny i emisji głosu, Wrocław 2004   Supporting literature:   * Ciecierska-Zajdel B., Trening głosu. Praktyczny kurs dobrego mówienia, Wyd. Edgard 2012 * Przybysz-Piwko M. (red.), Emisja głosu nauczyciela, CODN, Warszawa 2006 |

mgr Dominika Mielniczuk-Bączek, MA / 28.02.2022r.

/sporządził, data/

\*kurs dostępny wyłącznie w języku angielskim