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| FACULTY: | Faculty of Humanities |
| FIELD OF STUDY: | Pedagogical Studies |
| ERASMUS COORDINATOR OF THE FACULTY: | Łukasz Neubauer, PhD |
| E-MAIL ADDRESS OF THE COORDINATOR: | Lukasz.neubauer@tu.koszalin.pl |
| COURSE TITLE: | Voice emission workshop |
| LECTURER’S NAME: | Dominika Mielniczuk-Bączek, MA |
| E-MAIL ADDRESS OF THE LECTURER: | [dominika.mielniczuk-baczek@tu.koszalin.pl](mailto:dominika.mielniczuk-baczek@tu.koszalin.pl) |
| ECTS POINTS FOR THE COURSE: | 2 |
| COURSE CODE (USOS): | 0911>1700-EG-sem.05 |
| ACADEMIC YEAR: | 2022/2023 |
| SEMESTER:  (W – winter, S – summer) | W |
| HOURS IN SEMESTER: | 20 |
| LEVEL OF THE COURSE:  (1st cycle, 2nd cycle, 3rd cycle) | 2nd cycle |
| TEACHING METHOD:  (lecture, laboratory, group tutorials, seminar, other-what type?) | practical exercises, individual and group work |
| LANGUAGE OF INSTRUCTION: | **English\*** |
| ASSESSMENT METHOD:  (written exam, oral exam, class test, written reports, project work, presentation, continuous assessment, other – what type?) | Preparation for classes, active participation in classes, continuous assessment, evaluation of practical exercises (breathing, phonation, articulation, diction) |
| COURSE CONTENT: | * Introduction to voice emission; Sound as an acoustic phenomenon, characteristics of sound; * Anatomy and physiology of the vocal apparatus - structure and functioning of the motor, voice-forming and resonating-articulating parts; * Proper breathing as a way to eliminate tension and as a basis for proper voice emission; Relaxation exercises and techniques (Schultz autogenic training, Jacobson's Progressive Muscle Relaxation); Exercises improving the respiratory system, breathing exercises using texts; * Essential conditions for correct phonation; exercises to improve the phonatory system; * Essential conditions for correct articulation; Exercises to improve the motor skills of the articulating organs and the resonatory apparatus; * Correct and clear diction as the basis for understanding speech; Exercises in clear and correct pronunciation; * Principles of literary text interpretation and expressive means in interpretation; Social meaning of non-verbal communication; Analysis of recordings and statements of actors and lectors; Text preparation and interpretation exercises; * Voice as a basic tool of teacher/pedagogue/therapist/educator's work - principles of voice hygiene and conditions of correct voice emission from the point of view of optimal use in professional environment; Psychosocial load in teacher's work - prevention, avoidance, minimization; Voice pathology - diseases of voice and affecting voice; Prevention and diagnosis of voice disorders; |
| ADDITIONAL INFORMATION: | Core literature:   * Tarasiewicz B., Mówię i śpiewam świadomie. Podręcznik do nauki emisji głosu, Kraków 2019, * Toczyska B., Głośno i wyraźnie: 9 lekcji dobrego głosu, Kraków 2011 * Toczyska B., Elementarne ćwiczenia dykcji, Gdańsk 2016 * Toczyska B., Toczyska B., Jak ćwiczyć, by wyćwiczyć, Gdańsk 2019 * Zalesska-Kręcicka M., Kręcicki T., Wierzbicka E., Głos I jego zaburzenia. Zagadnienia higieny i emisji głosu, Wrocław 2004   Supporting literature:   * Ciecierska-Zajdel B., Trening głosu. Praktyczny kurs dobrego mówienia, Wyd. Edgard 2012 * Przybysz-Piwko M. (red.), Emisja głosu nauczyciela, CODN, Warszawa 2006 |

mgr Dominika Mielniczuk-Bączek, MA 28.02.2022r.

/sporządził, data/

\*kurs dostępny wyłącznie w języku angielskim