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| FACULTY: | Faculty of Humanities |
| FIELD OF STUDY: | Pedagogical Studies |
| ERASMUS COORDINATOR OF THE FACULTY: | Anna Hajek, MA  Wiesław Trojanowicz, MA |
| E-MAIL ADDRESS OF THE COORDINATOR: | anna.hajek[@tu.koszalin.pl](mailto:jolanta.sypianska@tu.koszalin.pl)  [trojanowicz@op.pl](mailto:trojanowicz@op.pl) |
| COURSE TITLE: | **Theory of help and practice of helping** |
| LECTURER’S NAME: | Iwona Zychowicz, PhD |
| E-MAIL ADDRESS OF THE LECTURER: | [iwona.zychowicz@tu.koszalin.pl](mailto:iwona.zychowicz@tu.koszalin.pl) |
| ECTS POINTS FOR THE COURSE: | 2 |
| ACADEMIC YEAR: | **2020/2021** |
| SEMESTER:  (W – winter, S – summer) | W |
| HOURS IN SEMESTER: | 15 |
| LEVEL OF THE COURSE:  (1st cycle, 2nd cycle, 3rd cycle) | 2 |
| TEACHING METHOD:  (lecture, laboratory, group tutorials, seminar, other-what type?) | group tutorials |
| LANGUAGE OF INSTRUCTION: | Polish |
| ASSESSMENT METHOD:  (written exam, oral exam, class test, written reports, project work, presentation, continuous assessment, other – what type?) | Presentation |
| COURSE CONTENT: | Theories of aid behavior and basic phenomena occurring in a situation of need for help and in a helping relationship,  Factors conducive to effective help  Personality of the helper (self-awareness, self-esteem, knowledge, skills, interests, values and beliefs)  Building patient relationships and setting help goals  Ethical aspects of helping |
| ADDITIONAL INFORMATION: | E. Aronson, T.D. Wilson, R.M. Akert, *Psychologia społeczna. Serce i umysł,* Poznań 1997  G. Egan, *Kompetentne pomaganie,* Poznań 2002  USTAWA o pomocy społecznej z dnia 12 marca 2004 r. Dz. U. 2004 Nr 64 poz. 593  consultations in English |

24.03.2020 Iwona Zychowicz

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